Do Women Delay Family Formation in Expensive Housing Markets?

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DO WOMEN DELAY FAMILY FORMATION IN EXPENSIVE HOUSING MARKETS?*

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Structured Abstract

BACKGROUND
Recent research by demographers and economists has examined the link between living costs and fertility outcomes. The literature has provided some evidence that high rents, or high housing costs, discourage fertility.

OBJECTIVE
I re-examine the hypothesis that delayed fertility (age at first birth) is related to the costs of housing measured either as rents or sales prices.

METHODS
I use data from the American Community Survey for 2006-2008 to construct mean age at first birth for women in a sample of 25 US metropolitan areas stratified by rents and sales prices. The sales prices for those metropolitan areas were from the National Association of Realtors. I use models of both aggregate relationships of mean age at first birth and metropolitan level measures and individual analyses of mean age and measures of ethnicity, education and labor force participation.

RESULTS
The effect of being in an expensive housing market delays first births by three to four years after controlling for education, ethnicity and labor market participation. However, the relatively modest fit of individual models suggest that while the housing market may play a role it is also clear that there is a complex structure to the decision making around fertility, labor force participation and housing market entry. Overall completed fertility does not appear to be changed.

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1.0 Introduction

The average age at which women have their first child has increased steadily in Europe and the United States. Although there is considerable variation from country to country, on average women are now three to four years older when they have their first child than their mothers were when they first had a child (Martin, 2004). There is also overall decreased completed fertility across most industrial countries. What is behind these changes and why has the age when fertility first takes place increased so much in just a few decades? There is a growing demographic literature and parallel studies in economics of the family that has worked to explain these changes (Burch, 1996; Hirschman, 1994; Sweeney, 2002; Dykstra and Wagner, 2007). Recently that literature has gone beyond the arguments about transitions to education, labor force participation and the impact of economic insecurity to suggest that housing markets themselves are, through the costs of ownership, affecting the timing of pregnancy. It is that question which is at the center of this analysis which considers both the nature of metropolitan structures (Plane, et al 2005) and the nature of housing market costs specifically.

The increasing age at first birth and the overall comparatively high ages at which birth occurs for many women is coincident with the new low levels of fertility that are a function of the rapid rise in birth postponement. This change in fertility behavior is seen as the hallmark of the “second demographic transition” (Lesthaeghe and Neels, 2002). It is a transition which invokes increasing levels of education in post-industrial societies, increasing labor force participation by women and increasingly a concern with economic uncertainty (Blossfeld and Hofmeister, 2006). We also know that households often want to enter homeownership before starting a family, or at the least to buy within some period of family formation, but this is increasingly different in high cost housing markets.

The empirical observation that often fertility postponement is higher in large expensive housing markets in comparison with smaller and less expensive markets led to an interest in the interaction of housing markets and fertility (Haurin, et al 1983). At the simplest the notion revolved around the possibility that women delayed fertility as the household acquired sufficient assets to enter the owner market. Some simple associations provided modest support for that idea, but just how does housing cost influence fertility, if it does, and what are the underlying processes? At the anecdotal level both media and academic commentary have drawn attention to the increasing difficulty for young adults to begin families and establish themselves in the housing market. That said, there is considerable room for both theoretical exploration of the potential relationship between housing markets and fertility and more refined empirical analyses of fertility and market forces.

It has also been suggested that the recent rapid rise and then decline in housing costs has had a “shock” effect on fertility behavior as it has increased
uncertainty for couples who wish or would like to start families. Uncertainty has already been identified as an important element in understanding fertility behavior more broadly (Mills and Blossfeld, 2003). In many housing markets in the United States, especially in the last decade, the cost of housing doubled and some instances this occurred in a very short period of time with concomitant issues of affordability and housing price stability. There have been rapid housing price increases in the past but the recent increase and subsequent decline has created significant regional differences in housing prices. The growing regional variation has further stimulated an interest in the links between housing prices and fertility.

It does seem plausible as others have argued that housing and housing costs may be factors in the decision to engage in parenthood, and thus likely to influence fertility levels and the tempo of fertility (Mulder and Billari, 2010, Lutz and Skirbekk, 2005). In addition, in those societies which fail to provide adequate support for child care or where child care is expensive (or even unavailable) there are implications for the ability of women to participate in the labor market and have families. Women have often entered the labor market to increase household resources and to make ownership possible or to maintain it. It is possible that the strong emphasis on homeownership and where child care is problematic that it creates a situation where families are unwilling to forgo ownership and thus reduce or delay fertility as a result. It is in this context, of high desires for homeownership but where housing costs are either high or appreciating rapidly that the specific issue of housing costs become central, and is the issue at the heart of this paper. The paper asks, what is the relationship between housing costs and fertility and how does the geographic variation in housing costs affect the timing of initial fertility, and the level of completed fertility? At the simplest level the paper asks why is age at first birth so much higher in Boston and New York than it is in Peoria, Springfield, or Toledo?

2.0 Theory

The underlying conceptualization of a potential impact of housing market costs is that families are trading off the decision to invest in a house or to invest in children. If a household wants a house in an expensive market the family will have to wait longer, work longer and possibly postpone fertility. Of course the household can readily decide to stay in the rental market and have children, but at the same time we know that in current modern western societies homeownership has become a good in its own right and often a good which is seen as a necessary precursor to having children. In this conceptualization it is an “owned home” which provides the stability, the safety and the access to services which is a critical part of raising a family. It is the latter which may be the most important motivating decision in housing choice as it is “ownership neighborhoods” rather than “rental neighborhoods” which may provide the special combination of factors that households’ who wish to have children, see as important. These range from access to good schools to a whole range of urban amenities.
But it is not just children versus housing, housing itself will likely require two incomes to both purchase and maintain the monthly costs in expensive housing markets. As Skaburskis (1997) demonstrated in the Canadian housing markets, household formation, tenure choice and housing expenditure are interactive. In this broader conceptualization we can think of a triangle of interactions and decisions. Decisions are about fertility, about workforce participation and housing ownership are interconnected. Thus, it is not a linear decision, rather it is a triangulated process with trade-offs at several intersections. Moreover, this decision takes place within the changing economics of growth and decline in the labor market where the decisions to stay in the labor force or exit are made.

Clearly, the evidence finds that ownership and labor force participation are linked. There is evidence that women work to maintain a mortgage and that the likelihood of labor force participation is higher for first time buyers where the mortgage burden is greater (Fortin, 1995). Thus, the evidence that the labor supply of women is constrained by mortgage commitments feeds into the argument that there is a set of inter-related links between housing investment, and labor market participation. At the same time we do not have a specific test of whether fertility is in turn delayed.

To have a family requires more space than living alone or as a couple. It is well established that this need for greater space is often the trigger than generates mobility and mobility to ownership (Deurloo, et al., 1994). At the same time it is clearly possible to move to larger rental housing and have a family so there is likely to be considerable variation in fertility events around the combined means of the distributions of fertility and housing costs. Still, rental housing in the United States has not been traditionally family housing and the rental market is directed more towards singles and young couples than to families. However, when we conceptualize an interconnection between housing pricing and fertility we must recognize that alternative conceptualization emphasizing that parents who want to have children sooner, or to have more children, can move towards lower cost housing (Easterlin and Crimmins, 1985). For these writers the issue is the question of taste for fertility. Of course in some sense this brings us back to the discussion of the taste for housing and the taste for children (within the framework of labor force participation). If indeed more educated women have a strong desire (need) to be in the labor force it is possible to see how the fertility decision is embedded in a complex set of conditional choices. In this empirical analysis we can make some progress towards disentangling the multiple factors in this choice process and at the least at a micro scale we can ask whether there is an observable outcome in fertility choices across US housing markets and whether we can see that in structural outcomes by size and cost (Plane et al, 2005).

One additional context is relevant. Although there has been some decline in overall migration and mobility, still about 15 percent of households move each year and about 5 percent make longer distance moves between labor markets.
These migrations may not be independent of fertility decisions, either moving up to take new jobs and delaying fertility, or moving down and having children. This process is embedded in the life course. Households move or do not move to accommodate partners (tied movers and stayers) and if there are selective effects in migration we can conceptualize highly educated women who want professional careers moving to centers with greater job opportunities. In effect the decision to move then is part of a life course response to opportunities and then the outcome of lower fertility in expensive markets is function of both the costs of living and the selection into those markets by highly educated women.

3.0 Previous research and literature

Broadly speaking, families move to bring their housing needs into adjustment with their family needs. There is substantial research which links homeownership and family formation and in particular the link between the shift from rental to ownership and the formation of families (Clark and Davies Withers, 2007; Mulder and Wagner, 1993; Mulder, 2006). As households progress through the life course, life events create the need for new housing, larger housing, or housing in a different place especially at the beginning of the life course. The outcome of life course events is an eventual shift from a younger rental population to an older home-owning population. Housing tenure changes from rental to ownership and from multi-family dwellings to single family dwellings as children come into the family and houses are purchased (Clark and Onaka, 1983; Mulder and Wagner, 1998; Feijten and Mulder, 2002). Whether it is a birth event, a separation, or some other contextual effect in family composition before or after a residential change, it emphasizes how families and residential change are intertwined (Michelin and Mulder, 2008). The evidence for a link between family formation and ownership is further strengthened by research that shows that couples in single-family houses have a much greater probability, of conception than couples living in apartments (Kulu and Vikrat 2007).

This process of residential change and family formation is increasingly complex as families juggle not only the fertility decision, but housing needs and labor force participation. As women have increased their participation in the labor force they are increasingly required to balance the competing demands of family formation and nurturing, and participating in the work force (LeClere and McLaughlin 1997; Clark and Davies Withers 2002). There is both popular and academic literature, which addresses the issue of how families deal with the costs of having and raising children and entering the housing market (Haveman and Wolfe, 1994).

Previous literature established that there is a link between mobility and fertility and fertility and housing market behavior (Clark and Davies Withers, 2009; Enstrom Ost, 2012). Enstom-Ost in particular argues that there are two decisions that a household faces - whether to purchase a house and whether to begin a family. Her study of housing and children using Swedish data explores
whether and how housing markets and economic conditions can affect fertility. The study examines three cohorts who entered the housing market at different periods in the economic cycle in Sweden and the choices of both becoming a parent and becoming a homeowner are modeled simultaneously. While both childbearing and homeownership increase with age, there are significant differences in both entry to ownership and entry to having a first child across cohorts. The cost of being a homeowner is significant in the childbearing decision but it is more crucial for the latest cohort when both economic outcomes were more uncertain and women had a higher tendency to participate in the labor force. They are simultaneous effects and are clearly greater for young adults in the latest cohort when they face increasing problems in entering the housing market.

In the context of changing family structures and a volatile housing market research has turned specifically to the issue of the cost of ownership and how it might compete with having and raising children (Courgeau and Lelievre 1992). That housing cost may matter in housing decisions was first suggested in studies of the price of living space and overall living arrangements (Borsch-Supan, 1986; Haurin et al 1993). Housing cost was also shown to affect the likelihood of leaving home to establish an independent residence (Emisch, 1999; Lauster, 2006; Clark and Mulder, 2000). More specifically economists have related the demand for children to the price of living space. Now, several researchers have attempted specific studies of fertility and the price of living space. Two studies are notable. Sato (2006) showed that large city sizes were accompanied by in migration, higher wages, high land prices and lower fertility. In Sato's formulation, the higher wages in larger more expensive cities could induce women to substitute more market work for less household work, and possibly away from child quantity and more towards child quality. In this conceptualization larger cities with higher wages may be more attractive to career oriented women who have low desired total fertility. To examine these questions more closely Simon and Tamura (2009) studied whether rents discourage fertility.

By constructing square foot prices of living space Simon and Tamura (2009) are able to document a negative correlation between the price of living space and fertility. They do this for the United States over the period 1940 to 2000 where they show that pooled analysis of individual data demonstrates that fertility is related to wife’s and husband’s age, negatively related to education, and of course, lower for women who participate in the labor market. The variable of most interest, rental rates per room is strongly and significantly related to age at first birth. They conclude that the price of living space has a small but economically and statistically significant effect on the fertility decisions of households, both on women’s age at first birth and on completed fertility.
Other related research also suggests a link between homeownership and fertility. In the United Kingdom homeowners seem to have fewer children than renters and to have them later (Hakim, 2003). Strom (2009) suggests that the size of the dwelling is important and whether or not fertility is enhanced it seems too that couples change their housing situation in the time period they are waiting for their child to be born (Kulu, 2008). At the aggregate level Mulder and Billari (2010) showed that there is a link between what they call housing regimes and fertility. Prices do affect the likelihood of leaving home for young adults and tighter housing markets and higher regional housing market costs impact the process as well (Ermisch and Di Salvo, 1997; Ermisch, 1999). At the level of countries there is evidence that housing regimes with high ownership, but limited availability of mortgages have quite low fertility, and moderately high mean age at first birth. Now, while this is a useful interpretation of the fertility housing market link as the authors recognize it is complicated by the issue of causality. Quite obviously, inferring causality between housing costs and fertility is not straightforward and the relationships could run either way or even be related to some other factor which affects both processes. To make some progress in disentangling causality and outcomes the recent focus has been on micro-level data as a way on understanding the links between fertility and housing, and specifically between the cost of housing and fertility. That is the approach of the research reported here.

4.0 Data and Methods

To examine the questions which arise from the review of previous work I organize the data to answer the two central questions – is fertility lower in more expensive housing markets and can we identify housing market effects on completed fertility.

Twenty five metropolitan areas were randomly sampled from the distribution of 156 metropolitan areas ordered by 2008 median sales prices for houses. Five metropolitan areas were chosen from each of the five quintiles of ordered sales prices. The selected metropolitan areas ranged from Toledo Ohio with the lowest median sales price of $92,000 to San Francisco with a median sales price of over $600,000. Those sales prices had been higher at the height of the housing bubble in 2006/2007. Data on average gross rents ($) and median housing values for the 25 metro areas was also collected from the 2008 American Community Survey. The sales prices for the five housing value groups, housing values and gross rents are reported in Table 1. The rents range from an average of $654 in the lowest ranking housing markets (Toledo, Buffalo, Peoria, Ill,

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1 There is an important related literature on marriage and fertility and on the behavior of low and high income households (See Edin and Reed (2005), and Edin and Kefalas (2005), but it would take the this paper in a different direction.

2 I did not compute price per square foot because the correlation between price per sq foot and sales price and rents is very high, and I am concerned with an overall metro market affect which I believe is captured by sales price.
Rochester NY and Springfield Mo) to $1254 average monthly rents for the five metro areas with the most expensive housing and rents (San Francisco, Nassau, NY, Miami, Boston, and Anaheim Santa Ana). The relatively large gap between the five most expensive housing markets and the next sets which are much closer in rents, values and sales, is notable and will be an important context for the discussion of the housing market fertility relationship.

Table 1: Mean Rents, Sales and Values for Metropolitan Groups

<table>
<thead>
<tr>
<th>Metro Group</th>
<th>5 Highest</th>
<th>4</th>
<th>3</th>
<th>2</th>
<th>1 Lowest</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rents (monthly)</td>
<td>$1254</td>
<td>$859</td>
<td>$743</td>
<td>$675</td>
<td>$654</td>
</tr>
<tr>
<td>Sales Price (2008)</td>
<td>$447,000</td>
<td>$196,000</td>
<td>$159,000</td>
<td>$136,000</td>
<td>$111,000</td>
</tr>
<tr>
<td>House Value (2008)</td>
<td>$491,900</td>
<td>$225,700</td>
<td>$171,200</td>
<td>$140,000</td>
<td>$124,300</td>
</tr>
</tbody>
</table>


The American Community Survey (ACS)\textsuperscript{3} is used to compute age at the time of first birth for all women aged 20-44 and for women 20-44 years of age in married couple families. It is also the source of the measure of completed fertility. The measure of completed fertility uses the number of own children reported in the ACS and may be small underestimate of total completed fertility as some children may have left home and not been reported in the census count. However, as the issue here is a relative measure of fertility across housing markets any bias is unlikely to be systematic across housing markets. The completed fertility measure is computed by examining the number of own children at ages30-35 or 40-44 by level of education. As fertility is closely intertwined with level of education I compute completed fertility by either age interval 35-39 or 40-44 and by education. The number of own children is higher for older age groups for more educated women as has been documented previously.

5.0 Interpretations of fertility across housing markets

In this first descriptive section I outline how fertility varies across housing markets and by education, labor market participation and ethnicity. This is followed by analyses of place effects on fertility and of completed fertility.

Women’s mean age at first birth is clearly lower in less expensive housing markets (Table 2). It is lower for all births to women 20-44 and for births to

\textsuperscript{3} The ACS is now conducted in place of the US decennial census “long form” to collect detailed socio-economic data for a variety of geographies. It is collected every year but detailed geographies (metropolitan areas in this case) require at least a three year aggregate which, for the data used in this analysis, is 2006-2008.
women 20-44 in married couples. Fertility is also lower in less expensive markets by education levels, labor force participation and for first births to white and black women. However, it is not very different across housing markets for Hispanic women.

Table 2: Age at First Birth for all Women (20-44) by Demographic Characteristics

<table>
<thead>
<tr>
<th>Group</th>
<th>All</th>
<th>HS</th>
<th>College</th>
<th>Advanced</th>
<th>Labor no</th>
<th>Labor yes</th>
<th>White</th>
<th>Black</th>
<th>Hispanic</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>28.0</td>
<td>26.2</td>
<td>27.9</td>
<td>30.2</td>
<td>26.5</td>
<td>28.5</td>
<td>28.1</td>
<td>25.1</td>
<td>29.9</td>
</tr>
<tr>
<td>2</td>
<td>29.3</td>
<td>26.8</td>
<td>29.9</td>
<td>31.8</td>
<td>28.3</td>
<td>29.7</td>
<td>29.5</td>
<td>27.9</td>
<td>29.5</td>
</tr>
<tr>
<td>3</td>
<td>29.0</td>
<td>27.4</td>
<td>28.9</td>
<td>31.5</td>
<td>28.6</td>
<td>29.2</td>
<td>29.6</td>
<td>27.9</td>
<td>27.8</td>
</tr>
<tr>
<td>4</td>
<td>29.4</td>
<td>27.6</td>
<td>29.6</td>
<td>31.5</td>
<td>28.3</td>
<td>30.0</td>
<td>29.5</td>
<td>28.7</td>
<td>28.9</td>
</tr>
<tr>
<td>5</td>
<td>31.5</td>
<td>29.7</td>
<td>31.4</td>
<td>33.1</td>
<td>30.7</td>
<td>31.9</td>
<td>32.1</td>
<td>30.2</td>
<td>30.0</td>
</tr>
</tbody>
</table>

Source: American Community Survey 2008

The differences between the lowest cost / lowest rent housing markets and the highest cost/ highest rent markets are large in both absolute and percentage terms. There is a 3.5 year age difference for births to all women 20-44 and differences from 3.5 to 2.9 years across education, and even larger differences by labor force participation--that is even women not in the labor force in expensive housing markets were delaying first births by more than 4 years. By ethnicity the difference from the most expensive to the least expensive market was 4 years for white women and 5 years for black women. As noted earlier housing market costs had a much lower impact on Hispanic women’s first births. These findings confirm other research which showed that women with more education delay fertility and those in the labor force also delay fertility.

A breakdown of age at first birth by metropolitan housing cost group, education and ethnicity provides enriched detail on the findings reported above. Whether it is high school, some college, or advanced degrees, age at first birth varies across housing markets but of course it also varies markedly across education levels and by ethnicity (Table 3).
TABLE 3: Age at First Birth for all Women (20-44) by Housing Market Sales Level and Education

<table>
<thead>
<tr>
<th>Mean Sales Price Group</th>
<th>Education (all)</th>
<th>White</th>
<th>Black</th>
<th>Hispanic</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (low)</td>
<td>HS</td>
<td>25.5</td>
<td>24.2</td>
<td>22.5</td>
</tr>
<tr>
<td></td>
<td>College</td>
<td>28.1</td>
<td>26.0</td>
<td>26.1</td>
</tr>
<tr>
<td></td>
<td>Advanced</td>
<td>30.2</td>
<td>-</td>
<td>29.8</td>
</tr>
<tr>
<td>2</td>
<td>HS</td>
<td>26.9</td>
<td>26.2</td>
<td>26.9</td>
</tr>
<tr>
<td></td>
<td>College</td>
<td>29.7</td>
<td>29.3</td>
<td>31.2</td>
</tr>
<tr>
<td></td>
<td>Advanced</td>
<td>32.1</td>
<td>30.0</td>
<td>32.1</td>
</tr>
<tr>
<td>3</td>
<td>HS</td>
<td>27.9</td>
<td>26.3</td>
<td>27.0</td>
</tr>
<tr>
<td></td>
<td>College</td>
<td>29.5</td>
<td>27.6</td>
<td>27.8</td>
</tr>
<tr>
<td></td>
<td>Advanced</td>
<td>31.3</td>
<td>31.4</td>
<td>31.6</td>
</tr>
<tr>
<td>4</td>
<td>HS</td>
<td>28.0</td>
<td>24.5</td>
<td>30.3</td>
</tr>
<tr>
<td></td>
<td>College</td>
<td>29.3</td>
<td>30.9</td>
<td>27.3</td>
</tr>
<tr>
<td></td>
<td>Advanced</td>
<td>31.6</td>
<td>28.1</td>
<td>30.0</td>
</tr>
<tr>
<td>5 (high)</td>
<td>HS</td>
<td>30.2</td>
<td>28.4</td>
<td>29.3</td>
</tr>
<tr>
<td></td>
<td>College</td>
<td>31.7</td>
<td>30.9</td>
<td>29.9</td>
</tr>
<tr>
<td></td>
<td>Advanced</td>
<td>33.5</td>
<td>32.1</td>
<td>32.9</td>
</tr>
</tbody>
</table>

Source: American Community Survey 2008

A plot of the highest and lowest educational levels across the housing markets reiterates the difference between low cost and high cost housing markets. It also demonstrates that the trajectory of mean age at first birth is different for less and more educated women (Figure 1). For women with a high school education the increase in age at first birth is nearly linear. For women with advanced education there is an initial increase in age at first birth followed by little change across the next three housing market types and then a further increase for the most expensive markets. Overall, the table and figure suggest that much of the change in the age at first birth is being generated largely by delayed fertility in the most expensive housing markets.
5.1 Place Effects on Fertility

To model the place effects from housing markets I plot age at first birth as a function of sales and rents – and then add potential controls/explanations for the variations in age at first birth.

There is a significant and positive relationship between both rents and age at first births and sales and age at first birth (Figure 2).\(^4\) The relationship is stronger for rents and age at first birth than for housing market sale prices, possibly the outcome of recent sales volatility. Rents have not shown the same volatility. For housing market rents the \(R^2\) of .63 is prima face strong support for the view that first births are related to housing costs. However, that said, the plots suggest that there is a considerable underlying complexity. In both cases there is considerably more variability in cities with lower rents. In the case of sales we can suggest that a threshold function might better describe the relationship between sales and first births. In the cities with lower rents the age at first birth can vary from 26 to 31 but general support for the overall relationship of housing costs and births is provided by the fact that of the 15 cities with rents under $800

\(^4\) There is modest evidence a slight curvilinear relationship for sales prices but not rents as defined in the graph.
a month, 11 cities have first births between 26 and 28.5 while the four most expensive cities have first births at close to 32 years of age.

Figure 2: Age at first birth for all women (20-44) and Home Sales prices/ and rents.

**Age at first birth and Home Sales Prices (2008)**

\[
y = 0.0079x + 27.942 \\
\text{r}^2 = 0.4629
\]

Significant at p> .001

**Age at first birth and Average monthly rent (2008)**

\[
y = 0.0056x + 24.498 \\
\text{r}^2 = 0.6268
\]

Significant at p> .001
But does housing cost explain the delay in first births when controls for education, ethnicity and income are added? I examine this question with both the aggregate metropolitan level data and with individual data.

The regression models of age at first birth against rents and sales, controlling for the percent black and percent Hispanic in the metro areas and percent college and the log of family income, are significant but clearly the added variables do not provide additional explanatory power (Table 4). The only significant coefficients are for black and Hispanic in the models for married couple households. The finding may seem counter intuitive but the overall model explanations do not increase over those of the simple models with rents and sales only. It appears that the coefficients likely reflect the size of the metropolitan areas rather than an intrinsic explanation of black and Hispanic concentrations.

Table 4: Place level coefficients for all first births to women 20-44 and first births to Married Couple women 20-44 as a function of Metropolitan Monthly Average Rents and Median Sales Prices 2008

<table>
<thead>
<tr>
<th>Variable</th>
<th>All first Births</th>
<th>Married couple first Births</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Rents</td>
<td>Sales Price</td>
</tr>
<tr>
<td>Intercept</td>
<td>18.379</td>
<td>13.016</td>
</tr>
<tr>
<td>% Black</td>
<td>.038</td>
<td>.052</td>
</tr>
<tr>
<td>% Hispanic</td>
<td>.026</td>
<td>.034</td>
</tr>
<tr>
<td>% College</td>
<td>.029</td>
<td>.005</td>
</tr>
<tr>
<td>ln Family income</td>
<td>1.408</td>
<td>3.302</td>
</tr>
<tr>
<td>Rent/sales</td>
<td>.004</td>
<td>.005</td>
</tr>
<tr>
<td>Adj R²</td>
<td>.60**</td>
<td>.58**</td>
</tr>
</tbody>
</table>

**Significant at .001 * significant at .05

Examining the simple inter-correlations provides further explanatory power of the place effects. The relationships between rents and sales (.92) and between percent with a college education and rents (.75) and sales (.76) and in turn college education with the log of family income (.87) suggest the sorting which is occurring in high cost housing markets. They are tending to be markets where significant proportions of more educated women have clustered and consequently the outcome of older ages at first births.

Do place effects intersect with labor force participation? It is well established that labor force participation intersects with fertility and the graphs here suggest an intersection of labor force participation and fertility across housing markets (Figure 3). Labor force participation seems to matter more in the
higher cost housing markets (as we would expect) than in the less expensive markets. For women in the labor force in either inexpensive or expensive markets there is much less variation by age of first birth. In the expensive markets the variation is much lower whether or not women are in the labor force. The intercept for the regression lines is approximately 2 years different for the two groups. While fertility is clearly affected by labor force participation what is new here is the evidence of different patterns in expensive and inexpensive markets.

Figure 3: Age at first birth for births to all women 20-44 and labor force participation by average monthly rent (2008)

6.0 Individual level effects on age at first birth

Significant at p>.001
Using individual data from a large sample of metropolitan areas Simon and Tamura (2009) showed that over time and across metropolitan areas fertility was lower in more expensive housing markets (Simon and Tamura, 2009). I have already shown that there are place effects and that there is some evidence of delayed fertility in expensive housing markets. At the same time much of that relationship was driven by the outcomes in the most expensive markets and it was the difference between the lowest cost and highest cost housing markets which provided much of the power behind the relationship. I also demonstrated that the confluence of high proportions of college educated and high incomes also characterized those housing markets and are obvious indications of selection effects as suggested by the observations on locational choice by highly educated couples (Costa and Khan, 2000).

To further explore the relationship between housing costs and delayed fertility I examine individual level data for first births in married couple households for all 25 metropolitan areas. I use variables that have already been the focus of the place effects investigation- education, ethnicity and labor force participation and add to those specific measures of wife’’s years of education, husband’s years of education, wife’s race and ethnicity, foreign born or native and tenure. For metro areas the models include percent with college education, log of family income, and rents and sales for the respective metropolitan area.

The models for both rents and sales are significant with modest adjusted $R^2$ values (Table 5). Those values are quite similar to the values reported by Simon Tamura (2009) who find significant housing market affects across the period 1960-1990. In my analysis, wife’s and husband’s education are significant, foreign born and labor force participation are significant, as is tenure and metropolitan proportion with a college education. Tenure has not been included in previous models of fertility and there is no doubt that the decision to own is likely to delay fertility. The tenure coefficient is large and it can be argued that rather than the cost of the housing market per se, whether measured in monthly

Table 5: Person level coefficients for first births to Married Couples as a function of Sales Prices and rents 2008

<table>
<thead>
<tr>
<th>Variable</th>
<th>Married couple first Births (Rents)</th>
<th>Married couple first Births (Sales)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Parameter</td>
<td>t value</td>
</tr>
<tr>
<td>Intercept</td>
<td>19.678</td>
<td>6.21</td>
</tr>
<tr>
<td>Wife educ (yrs)</td>
<td>.113</td>
<td>3.21</td>
</tr>
<tr>
<td>Husband educ</td>
<td>.240</td>
<td>7.21</td>
</tr>
<tr>
<td>Wife Black</td>
<td>.606</td>
<td>3.29</td>
</tr>
<tr>
<td>Wife Hispanic</td>
<td>-.003</td>
<td>-.01</td>
</tr>
<tr>
<td>Wife foreign born</td>
<td>.602</td>
<td>3.29</td>
</tr>
<tr>
<td>Wife in labor force</td>
<td>.899</td>
<td>5.43</td>
</tr>
<tr>
<td>Own home</td>
<td>2.573</td>
<td>15.04</td>
</tr>
<tr>
<td>% college</td>
<td>.065</td>
<td>2.64</td>
</tr>
</tbody>
</table>
rents or sales the decision to own, it is the ownership process which is a powerful force on family formation, a finding which is consistent with research reported earlier in the review of the literature. Especially in high cost markets, the pursuit of ownership will likely lead to delayed fertility for those households. Moving to a lower cost market will make ownership more affordable and provide greater flexibility in the household tenure decision. It may be that tenure choice in the long run is the determining variable in delayed fertility though not in completed fertility. The model suggests that even though housing costs play a role, ownership, labor force participation and husband’s education are powerful forces in the decision to delay fertility.

### 7.0 Completed fertility

The Simon and Timura (2009) study suggested that not only is fertility delayed in high cost housing markets, the total number of births is smaller in these housing markets. They find that there is a modest decline in completed fertility in more expensive housing markets. It has not been possible to confirm that finding in this study. The analysis of sales and completed fertility and rents and completed fertility is not significant (Figure 4). While there is a slight positive relationship for completed fertility and completed fertility for those with only high school education, both college education and advanced education levels are slightly negative though statistically insignificant. It would be a stretch to suggest than based on this data that completed fertility declines with increased housing costs. This raises a conundrum. There is modest evidence that fertility is delayed in the most expensive housing markets but that it is not creating an aggregate response of total decreased fertility.

The explanation is likely to be in the change in fertility expectation. Most women now report desiring on average two children. It is still possible to “complete” such fertility even when first births do not occur until the late twenties or early thirties. Thus, beginning fertility later can still lead to overall completed fertility rates which are not housing market determined. Further, the individual data emphasizes that it is not just the housing market but the process of moving to ownership which is a fundamental force in fertility outcomes.
Figure 4: Completed Fertility by education and Metro sales price (2008)

Completed Fertility by Metro Sales Prices (000’s$) for High-School Education

\[ y = 0.0002x + 2.1193 \]
\[ r^2 = 0.02228 \]

Completed Fertility by Metro Sales Price (000’s$) for College Education

\[ y = -0.0003x + 2.137 \]
\[ r^2 = 0.09046 \]
Observations and Conclusions

The recent rise and fall in housing prices has refocused attention on the issue of how the housing market intersects with the life course. Part of that attention has looked again at how families negotiate the difficult issues of family formation, labor market participation and housing careers. The results in this paper can be interpreted as a response to very expensive housing markets. Clearly, in those markets the age at first birth for married couples is significantly higher than for married couples in less expensive housing markets. At the same time, it is also clear that these expensive housing markets are where there are large proportions of college educated households, especially those with women with advanced degrees when there is a much later age at first birth. It is these women who are delaying fertility and we can see the outcome as an outcome in expensive housing markets. We can also see the outcome as a selection effect of the concentration of highly educated households in selected housing markets where in turn higher family incomes can be translated into higher housing prices and higher rents.

The place affects analysis showed that there is a relationship between housing costs and fertility but that the relationship was driven by effects generated in very high cost housing markets. In those markets age at first birth is nearly uniformly high but, and it is an important caveat, there is considerably diversity across less expensive housing markets in the age at first birth. We can suggest that high cost housing markets create a threshold for fertility behavior.

The individual affects analysis provided new data but data that was similar to other studies of the relationship of fertility. However, the research can be used to make three important points. First, the overall adjusted \( R^2 \) values are quite modest in this study and in other studies, which suggests that there is considerable
variability in the behavioral response to the cost of housing. It is one of the variables that enter into the matrix of calculation for households but it is one which has considerable variance built into it. Second, the introduction of tenure emphasizes the importance of the housing career in the process of fertility behavior. Those households who choose to live in expensive housing markets also choose to enter the homeowner market are facing additional difficulties in their life course decisions. Finally, it is important to reiterate the confluence of circumstances which occur in a few expensive housing markets where there is a concentration of populations with advanced degrees, high family incomes and high housing costs. It is in these markets that the threshold for fertility has been raised.

That said, this study could not find evidence of significantly lower completed fertility in those markets. From this study it does not appear that completed fertility is being affected by the later age at first birth. For now at least women who have delayed fertility are still able to complete their fertility expectations. Or expressed differently they are matching the average fertility outcomes of the nation as a whole. Further research can examine this issue by looking at the time span between the births of children. It is possible that the time between births may be shorter but this will require panel data on births.
References


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